

**Come join us on our  
TUESDAY EVENING HIKES**

**With**



**We hike every Tuesday Evening**

(weather dependent) no rain everything else is Okay

**Cost:**

**FREE**

**We hike approximately 5 miles on  
The Conservation Trail**

(mostly paved)

**Working our way to the Rainbow Bridge the Northern Terminus**

**Have you ever hiked along the Niagara River during the Holidays with all  
the holiday lights ?**

**or hiked over the Grand Island Bridges?**

**Come Get off the couch with us!!**

**It doesn't matter what kind of shape your are in**

**Round is a shape!**

**Dress for the weather and bring water**

**Meet at the PPP store at 5:55**

**1000 Ellicott Creek Rd. Tonawanda**

**We are usually back around 9:00pm**

**Questions or more info: [christine@pathspeakspaddles.com](mailto:christine@pathspeakspaddles.com)**